

## PHYSICAL EDUCATION

### Intent

At Hartshorne, we teach Physical Education using Real PE because it develops all children holistically. It is a philosophy approach which aims to transform how we teach PE in order to include, challenge and support EVERY child because it helps to develop the whole child not just part of the child. It supports teachers and teaching assistants to make small changes that will have a significant impact on their learners because the techniques they learn in PE can be transferred to other curriculum areas.



### Implementation

Hartshorne Primary School follow the Real PE schemes of work which are fully aligned to the National Curriculum and Ofsted requirements and focus on the development of agility, balance and coordination, healthy competition and cooperative learning. Each unit of work has a different focus to develop the key abilities necessary for success in PE and sport and across the curriculum: creative, physical, health and fitness, personal, social and cognitive.

Teachers have high expectations of pupils and offer appropriate levels of support and challenge to ensure that every pupil is able to succeed and that every pupil is stretched in each PE session.

The child-friendly assessment statements (Real PE cogs) are used in lessons to ensure consistency across the key stage and that pupils are aware of their own progress, strengths and challenges.

### Impact

All children will

- know what they need to do and how to get there.
- combine physical skills with fluency and apply them consistently to a broad range of physical activities and sports
- have the opportunity to take part in competitive sport
- understand and be able to articulate how they have made progress in individual PE lessons and over time
- Begin to explain the importance of leading a healthy and active life